**Tabla 2:** Edad media de introducción de los alimentos sólidos

|  |  |  |
| --- | --- | --- |
| **Alimento** | **Edad media (meses)** | **DS (meses)** |
| Papas | 5,81 | 1,00 |
| Manzana | 5,59 | 0,84 |
| Otras frutas | 7,01 | 1,71 |
| Pollo | 8,45 | 6,76 |
| Vegetales verdes | 9,43 | 4,52 |
| Cereales | 8,42 | 4,32 |
| Yogurt | 7,88 | 6,52 |
| Queso | 10,05 | 3,49 |
| Pescado | 14,20 | 8,83 |
| Clara | 10,41 | 3,95 |
| Yema | 10,97 | 6,25 |
| Flan | 9,26 | 4,08 |
| Torta | 11,57 | 4,30 |
| Galletitas | 10,62 | 5,22 |
| Pan | 11,40 | 7,99 |
| Gaseosas | 21,36 | 10,69 |
| Jugos | 22,62 | 12,24 |
| Soja | 21,27 | 12,95 |
| Chocolate | 23,77 | 12,68 |
| Golosinas | 23,31 | 12,11 |
| Frutos secos | 29,41 | 16,27 |